



# St. Peter Recreation Volleyball

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## RULES

1. High School League rules will govern league play and in-house rule exceptions as noted.
2. All matches will consist of three games. All league games will be played with rally scoring to 25 must win by 2. Or first team to 30 points. One hour time limit still applies. If at the end of the hour, the team that is ahead in points will be declared the winner. If the third game has not begun and time has run out, the third game will be played up to 15 points; win by one. Game will start immediately.
3. All teams shall be composed of a maximum of six (6) players on the court at one time. Maximum of 12 players on a roster.
4. If you do not have at least 4 players on the court, ready to play 5 minutes after your start time, your team will forfeit the first game. After 10 minutes your team forfeits ALL 3 GAMES.
5. Referees will meet with the Captains to determine who serves first. The team that wins the first serve wins the third serve also.
6. A team may start, continue, or finish a game with 4-6 players which may consist of the following:

### **4 person team**

- 2 Males – 2 Females
- 1 Male – 3 Females

**The empty positions (4 person team will have two positions empty) will rotate. Teams will lose a point when empty position rotates into serve but will keep serve for next person.**

### **5 person Team**

- 3 Males – 2 Females
- 2 males – 3 Females
- 1 Male – 4 Females

**The empty position will rotate. Teams will lose a point when empty position rotates into serve but will keep serve for next person.**

### **6 Person Team**

- 3 Males – 3 Females
- 2 Males – 4 Females
- 1 Male – 5 Females

Rule 7 still applies if more males than females.

7. Two males may not consecutively contact the ball over the net. Unless a female player contacts the ball first or contacts the ball before the ball travels over the net.
8. On a serve, if the ball touches any obstruction (lights, beams, middle curtain, walking track, wall etc.) it is a side out.
9. During play a ball that hits an obstruction (including the pipes on the ceiling) can be played on the team's side that hit the ball. It is a side out or point if the ball comes over to the other side. Walking track, curtain, **wall**, scoreboard is an automatic side out.
10. One back court player (male or female) may also block when there is only one male player in the front line position.
11. If a back row player is on or in front of the 10 foot line, and contact with the ball is above the height of the net on the teams first or second hit and the pass is to a teammate or an opponent legally contacts the ball (block) before it crosses the net, play continues. If the ball crosses the net untouched, it is a back row player foul.
12. Players may not touch the net.
13. You may not enter another court to play the ball. **You may play the ball outside of another court and once played you have two steps into another court to gain control. More than two steps is a side out.**
14. **Curtain Play.** You may not push the curtain to make a play on the ball. You may play the ball and take one step to gain control into the curtain. Falling into, rolling into or taking more than one step into the curtain will be a side out.
15. Time out can be requested only when the ball is dead. There is **one** 30 second time out per game. Request for time out may be made only by the team captain.
16. Only the **team captain** is allowed to protest the referee's rule interpretation. Judgment calls cannot be contested.

**\*Protests** on eligibility may be made before or during, but not after a game has been officially completed.

17. **Eligibility** (Teams may only have a maximum of 12 players)

**Regular Season –**

**All players must be on team roster (pre-final and final)**

***If you have not turned a pre-final roster in, you must have one prior to first league night.***

**All players must be able to present proof of ID**

All players will need to check in with referee before allowed to play each night  
Have ID's ready at check in

2014/15 will be a transition year – If you have numbers on your shirts they will be used to track rotation. If your shirts do not have numbers this year-rotation will still be tracked.

Future – 2015/2016 – Numbers will be required on all team shirts.

#### Playoffs

All players must be on final roster

All players must be able to present proof of ID

All players will need to check in with referee before allowed to play each night

**All players must have played a minimum of 4 regular season league nights-Designated Subs must play a minimum of 2 regular season league nights.**

2014/15 will be a transition year – If you have numbers on your shirts they will be used to track rotation. If your shirts do not have numbers this year-rotation will still be tracked.

Future – 2015/2016 – Numbers will be required on all team shirts.

18. Any player ejected more than once will be ineligible until the League Director reinstates the player.
19. All plays at the net are judgment calls by the officials and protests will not be allowed. See rule 16 about protests.
20. Players may serve from anywhere behind the service line.  
Curtain side serving – Players will be allowed to step forward up to 24 inches (a secondary line will mark 24 inches) to serve the ball when curtain is down.
21. The receiving team must rotate before their first serve.
22. No blocking or attacking of the serve.
23. Ball may contact any part of the body above the waist.

#### **Double Hits (or various contacts) - on volleyball defense**

- **A double hit**(or various contacts)**is allowed on the first hit** when 1) receiving the serve, or 2) playing defense AS LONG AS CONTACTS HAPPEN DURING ONE ACTION
  - On the defensive play when the ball contacts for example arm, following with a contact to the shoulder (remember you cannot carry, throw or catch the ball)

#### **Double Hit II - Overhead serve receive**

- On overhead serve receive, player is allowed to double hit the ball. (In other words when player "finger sets" the serve, it doesn't have to be clean.)

24. For weather cancellations visit [www.saintpetermn.gov/recreation](http://www.saintpetermn.gov/recreation),  
FACEBOOK: City of Saint Peter or call our hotline 934-0070. **Decisions will be made at or after 3:30 pm.**
25. Tournament Play: 1) Best of 3 Games or 2) If 3<sup>rd</sup> game is needed will only be played rally score to 15 points. Game start times are 6:30, 7:15, 8:15
26. Players fees are due Friday, December 5 \$190 per team.